

TOLEDO  
**Jeepfest**  
INAUGURAL



You won't want to miss this new event at where athletes will be put to the test. The WaughStrong Competition will take strength and fitness to the next level. This fully sanctioned, Jeep-themed Strongman event will showcase incredible feats of strength and endurance with challenges inspired by Jeep vehicles and the off-road lifestyle.

**Friday, August 1<sup>ST</sup>**

**5:00 pm – 9:00 pm**

**410 Adams Street • Toledo Ohio 43604**

Jeep is known for its strength, ruggedness and adventure, just like competitors in the WaughStrong event. This event will raise awareness and support for mental health and suicide prevention programs for veterans and First Responders. These everyday heroes will be honored through this unique blend of grit, determination and community spirit.

### EVENT HIGHLIGHTS

- **Jeep Deadlifts:** An ultimate test of strength, competitors will deadlift a Jeep vehicle for reps in just one minute.
- **Mud Tire Axle Squat:** Competitors will put mud tires on a car axle and squat the bar as many times as they can in one minute.
- **Sandbag Slug:** How high can they go? Athletes will have one minute to lift the heaviest sandbag possible to their shoulder.
- **Stone Duck Hold:** This takes Jeep ducking to another level as competitors will hold 18-pound stone duck in front of them with arms extended for as long as possible.

**DON'T MISS THIS HIGH-OCTANE HIGHLIGHT OF THE FESTIVAL!**

Reserve your spot today – it is open to anyone to compete. Click here to sign up [ironpodium.com](https://ironpodium.com)